

**PEDITWIST TURNTABLE – PED410** Turntable for the floor when doing a seated or standing transfer of a person where their feet must be turned.

### Instructions:

The Peditwist is placed on the floor in front of where they are sitting. Place the person's feet centrally on the Peditwist, with their knees bent with a leg-angle of about 90°.

By seated transfer the legs will now follow the client – with minimal strain on the client's feet, knees and hip joints.

If the Peditwist is used for a standing transfer **the person must be able to stand/bear weight**. The caregiver helps the person to a standing position usually with the aid of a handling belt and ensures that the person is balancing. The care giver can place one of his/hers feet centrally or on the side of the Peditwist and use their foot to easily turn the person to the required position. Afterwards the person can be seated slowly.

**Remember! Always use approved manual handling techniques.**

**Extra care should be taken if a spasm is likely to occur.**

Warning! Do not leave the Peditwist on the floor after use where someone may accidentally step on it . Injury may result.

### Specifications:

The Peditwist turntable is a thin, soft and light turntable to be used on the floor. Both sides of the turntable have non-slip surfaces which prevent sliding. The coated nylon material on the inside of each cushion ensures minimal friction. Made of Cotton, PVC/Polyester, Nylon, Polyester

### Care Instructions

The Peditwist can be wiped clean with soapy water – It **cannot be washed**.



**NOTE:** It is important to recognise that information contained in this instruction sheet or other publications or media are meant to provide general recommendations only. Such information is not meant to replace an assessment by a qualified health care professional. Additionally, the use of any manual handling device does not automatically guarantee that safe client transfers will occur. The Clinical Team involved in the care of the client using any assistive device is responsible for determining appropriate client handling protocol and product recommendations. **Phoenix Healthcare strongly recommends that a health care professional perform a Moving and Handling Assessment and recommend the transfer devices and method best suited to each client.** Due to the fact that Phoenix Healthcare is not involved in the care of each and every client that uses its products, Phoenix Healthcare accepts no responsibility regarding how a facility or individual applies or uses a safe patient handling device, accessory, technique or recommendation.

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## Example — A standing transfer from wheelchair to lounge chair



Position the Peditwist on the floor in front of the person's wheelchair. They place their feet centrally on the Peditwist. They can be assisted in positioning their feet and standing only if they can safely bear their own weight. With the help of a handling belt, commencing from a crouched position, the caregiver assists the person to stand. Both stand at the same time. The caregiver provides balance support only. They must not be lifting the person. If the person needs lifting assistance a standing hoist must be used instead.



Using their foot on the Peditwist the caregiver rotates it, supporting the person with the belt.



When the person has been rotated to the lounge chair, the caregiver assists the person to sit by crouching at the same rate. The caregiver provides support but does not take the person's weight. The person is now seated. Remove the Peditwist do not leave it on the floor. The same process applies between any seated surfaces, including bed, commode, wheelchair, lounge etc.