



Comfort Recline Sling Instruction Sheet

This Sling is designed for ceiling hoists with 2, 4 or 6 point standard carry bars with webbing loop attachment

Comfort Recline Slings Guidelines and Information

LiftAssist® slings can generally be used in conjunction with any brand of hoist. However you must first check compatibility. Before use consult your healthcare professional or your LiftAssist® dealer.

Slings typically use either “webbing loops” or “key hole clips” for attachment to carry bars; these are not interchangeable. You must select the same type of attachment in your sling as used by your carrybar/hoist attachment. There are also special shape carry bars eg a pivot frame with a “wishbone shape” requiring purpose designed slings.

Please also note that ceiling hoists enable greater lifting height and therefore more headroom below hoist/carrybar; floor/mobile hoists are limited in lifting height and will often position a person’s head above the carrybar. Ensure the type of sling you have is compatible with your type of hoist.

Under no circumstances should any LiftAssist® sling be put in the control of persons who have not received proper training in its operation or the hoist being used. If operated improperly, the combined lift system can cause serious injury. Although the lifting systems are designed to be operated by an attendant, they may also be operated by an unattended individual, providing this person has been properly trained in their use and have both sufficient cognitive and physical ability to do so. The safety of both the attendant and the individual depends upon strict adherence to the following guidelines:

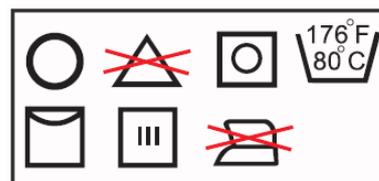
1. All instructions for both hoist and sling should be read prior to their use.
2. Do not, under any circumstances, exceed the safe working load.
3. Prior to using the sling, make a visual inspection for signs of wear. Look for fraying, cuts or tears in the material of both the sling’s body and straps.
4. The sling must be positioned properly under and around the individual, to ensure a balanced lift.
5. The lift system is not a toy; do not use it for unsafe practices. In facilities when more than one staff member is responsible for operating the lift system, it is imperative that all staff are trained in its proper use. A training and orientation program should be established by the facility to acquaint new caregivers.



Each sling is size/colour co-ordinated on the binding, handles and straps. Refer the chart above. The slings are approved for a SWL of up to 250kg (550lb) for XXS to L and to 363kg (800lb) for XL to XXL.

Washing Instructions

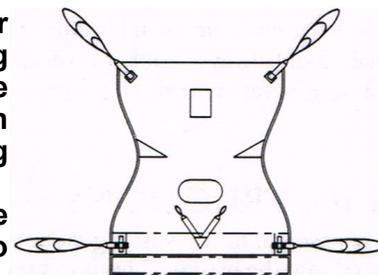
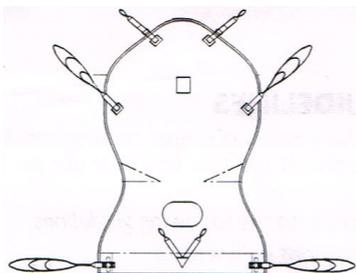
The sling should be inserted into a washing/laundry bag prior to being placed into the washer. This is to prevent any unusual wear and tear of the sling by the agitator and/or other parts of the washing machine.



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The Comfort Recline Sling is only available in Spacer fabric which has superior stretch and breathing properties enabling it to be left in place under the person. Other types of fabric increase the risk of skin breakdown if left underneath the person for long periods of time.

The Comfort Recline sling can only be applied while the person is supine, is mainly used for supine to seated transfers, remains in place for long periods, then transfer from seated back to supine.



- A person will either need to be log rolled by carers or able to assist.
- With the person lying on their side with their hips and knees flexed drape the sling over them.
- Align the darting in the sling to their flexed hip.
- Tuck the edge closest to the bed under them by pushing down on the mattress.
- This edge will need to be pulled through and the sling laid flat by another carer on the other side of the bed, or the sole carer moving around. The person being lifted first lies flat then rolls onto their other side enabling the sling to be pulled through.



- The person then rolls flat on their back. The storage pouch located between the person's thighs contains midline leg straps. Drape each over the person's thighs.
- Thread the long leg straps through their respective midline leg straps.

- Attach the same colour loop for each side to the carry bar
- Use short loops on the shoulders and long loops on the legs if you want the person lifted in a sitting position. Lengthen shoulder straps and shorten leg straps for a reclining position. Your therapist can advise you on the best straps to use on your sling.
- The person lifted should cross their arms across their chest.
- Slowly raise the hoist so the person lifted is higher than the object you are moving them to. Try not to lift them higher than needed and make sure they are secure in the sling at all times.
- Always check that the sling loops are securely in place on the carry bar once the lift has commenced and the slings are under load before proceeding.
- Support their feet as they move on/off the bed.
- Position them over the equipment they are being transferred to and then lower.
- Remove the sling from the hoist attachment bar.
- While this is a superior fabric designed for remaining underneath, first confirm with your OT or physiotherapist, that the sling can remain underneath them without the risk of pressure sores.

NOTE: It is important to recognise that information contained in this instruction sheet or other publications or media are meant to provide general recommendations only. Such information is not meant to replace an assessment by a qualified health care professional. Additionally, the use of a sling and lift system does not automatically guarantee that safe client transfers will occur. The Clinical Team involved in the care of the client using any assistive device is responsible for determining appropriate client handling protocol and product recommendations. **Phoenix Healthcare strongly recommends that a health care professional perform a Moving and Handling Assessment and recommend the sling and transfer method best suited to each client.**

Due to the fact that Phoenix Healthcare is not involved in the care of each and every client that uses its products, Phoenix Healthcare accepts no responsibility regarding how a facility or individual applies or uses a safe patient handling device, accessory, technique or recommendation.